**Code of Conduct**



**Young People**

* Respect everyone
  + including leaders, coaches, teachers, officials and each other
* Accept responsibility for your own behaviour and performance and remember you are representing your school
* Listen to instructions – do not talk when others are talking
* Prepare for your sport, make sure you warm up and cool down properly
* Dress appropriately
  + Wear correct clothing - No jewellery - Shoes tied
  + No chewing gum - Hair tied back
* Behave and try your best at all times
* Encourage team mates and others
* Show sportsmanship
  + Shake hands following your game
  + Congratulate everyone
  + Accept success and failure
* Follow the rules
  + Do not cheat
  + The officials decision is final
* No arguing, fighting, swearing or shouting in anger
* Co-operate with your team manager, coach, team mates and opposition
* Inform your team manager of any injuries as soon as possible
* Stay together – make sure your team leader knows where you are
* Be on time for your games and training in good time to prepare thoroughly
* No smoking, drinking or drugs
* **HAVE FUN!**

**You will be unable to take part in any event or fixtures if you**

**do not follow the above guidelines**